

MONDAY 10/4	TUESDAY 10/5	WEDNESDAY 10/6	THURSDAY 10/7	FRIDAY 10/8
<p>9:00-2:30 Bingo 9:00-9:45 Qi Gong (Shawn Ferris) 10:30-11:15 Tai Chi (Shawn Ferris) 8:30-2:30 - Billiards Workout Room</p>	<p>11:15-Noon – MVP Chair Moves (Nicola) 12:30 – TRS Meeting 8:30-2:30 - Billiards Sewing, Workout Room</p>	<p>10:15-11:00 Line Dancing (Theresa M) 12:30-1:15 Functional Mvmt (Isadore) 8:30-2:30 - Billiards Sewing, Workout Rm</p>	<p>9:00-2:30 Bingo 10:15-11:00 Body Fitness (Theresa M) 8:30-2:30 - Billiards Workout Room</p>	<p>10:00-2:30 Mah Jongg 10:00-11:15 Village Singers (MaryLou) 11:15-Noon Funct Mvmt (Isadore) 12:00 MOVIE 8:30-2:30 Billiards Workout Room</p>
MONDAY 10/11	TUESDAY 10/12	WEDNESDAY 10/13	THURSDAY 10/14	FRIDAY 10/15
<p>9:00-2:30 Bingo 9:00-9:45 Qi Gong (Shawn Ferris) 10:30-11:15 Tai Chi (Shawn Ferris) 8:30-2:30 - Billiards Workout Room</p>	<p>11:15-Noon – MVP Chair Moves (Nicola) 8:30-2:30 - Billiards Sewing, Workout Room</p>	<p>10:15-11:00 Line Dancing (Theresa M) 12:30-1:15 Functional Mvmt (Isadore) 8:30-2:30 - Billiards Sewing, Workout Rm</p>	<p>9:00-2:30 Bingo 10:15-11:00 Body Fitness (Theresa M) 8:30-2:30 - Billiards Workout Room</p>	<p>10:00-2:30 Mah Jongg 10:00-11:15 Village Singers (MaryLou) 11:15-Noon Funct Mvmt (Isadore) 12:00 MOVIE 8:30-2:30 Billiards Workout Room</p>
MONDAY 10/18	TUESDAY 10/19	WEDNESDAY 10/20	THURSDAY 10/21	FRIDAY 10/22
<p>9:00-2:30 Bingo 9:00-9:45 Qi Gong (Shawn Ferris) 10:30-11:15 Tai Chi (Shawn Ferris) 8:30-2:30 - Billiards Workout Room</p>	<p>11:15-Noon – MVP Chair Moves (Nicola) 8:30-2:30 - Billiards Sewing, Workout Room</p>	<p>10:15-11:00 Line Dancing (Theresa M) 12:30-1:15 Functional Mvmt (Isadore) 8:30-2:30 - Billiards Sewing, Workout Rm</p>	<p>9:00-2:30 Bingo 10:15-11:00 Body Fitness (Theresa M) 8:30-2:30 - Billiards Workout Room</p>	<p>10:00-2:30 Mah Jongg 10:00-11:15 Village Singers (MaryLou) 11:15-Noon Funct Mvmt (Isadore) 12:00 MOVIE 8:30-2:30 Billiards Workout Room</p>
MONDAY 10/25	TUESDAY 10/26	WEDNESDAY 10/27	THURSDAY 10/28	FRIDAY 10/29
<p>9:00-2:30 Bingo 9:00-9:45 Qi Gong (Shawn Ferris) 10:30-11:15 Tai Chi (Shawn Ferris) 8:30-2:30 - Billiards Workout Room</p>	<p>11:15-Noon – MVP Chair Moves (Nicola) 8:30-2:30 - Billiards Sewing, Workout Room</p>	<p>10:15-11:00 NO LINE DANCING 12:30-1:15 Functional Mvmt (Isadore) 8:30-2:30 - Billiards Sewing, Workout Rm</p>	<p>9:00-2:30 Bingo 10:15-11:00 NO BODY FITNESS 1:00 HALLOWEEN BINGO 8:30-2:30 - Billiards Workout Room</p>	<p>10:00-2:30 Mah Jongg 10:00-11:15 Village Singers (MaryLou) 11:15-Noon Funct Mvmt (Isadore) 12:00 MOVIE 8:30-2:30 Billiards Workout Room</p>