

MONDAY 9/6	TUESDAY 9/7	WEDNESDAY 9/8	THURSDAY 9/9	FRIDAY 9/10
 <p>CLOSED</p>	<p>10:30-11:15 Tai Chi (Shawn Fariss)</p> <p>1-1:45 – MVP Chair Moves (Isadore)</p> <p>8:30-2:30 - Billiards Sewing, Workout Room</p>	<p>10:15-11:00 Line Dancing (Theresa M)</p> <p>12:45-1:30 Functional Mvmt (Isadore)</p> <p>8:30-2:30 - Billiards Sewing, Workout Rm</p>	<p>9:00-2:30 Bingo</p> <p>10:15-11:00 Body Fitness (Theresa M)</p> <p>11:00-12:00 – MVP Chair Moves (Isadore)</p> <p>8:30-2:30 - Billiards Workout Room</p>	<p>10:00-2:30 Mah Jongg</p> <p>12:00 MOVIE</p> <p>8:30-2:30 Billiards Workout Room</p>
MONDAY 9/13	TUESDAY 9/14	WEDNESDAY 9/15	THURSDAY 9/16	FRIDAY 9/17
<p>9:00-2:30 Bingo</p> <p>9:00-9:45 Qi Gong (Shawn Ferris)</p> <p>8:30-2:30 - Billiards Workout Room</p>	<p>10:30-11:15 Tai Chi (Shawn Fariss)</p> <p>11:15-12:00p – MVP Chair Moves (Nicola)</p> <p>8:30-2:30 - Billiards Sewing, Workout Room</p>	<p>10:15 NO LINE DANCING</p> <p>12:45-1:30 Functional Mvmt (Isadore)</p> <p>8:30-2:30 - Billiards Sewing, Workout Rm</p>	<p>9:00-2:30 Bingo</p> <p>10:15 NO BODY FITNESS</p> <p>11:00-12:00 – MVP Chair Moves (Isadore)</p> <p>8:30-2:30 - Billiards Workout Room</p>	<p>10:00-2:30 Mah Jongg</p> <p>12:00 MOVIE</p> <p>8:30-2:30 Billiards Workout Room</p>
MONDAY 9/20	TUESDAY 9/21	WEDNESDAY 9/22	THURSDAY 9/23	FRIDAY 9/24
<p>9:00-2:30 Bingo</p> <p>9:00-9:45 Qi Gong (Shawn Ferris)</p> <p>8:30-2:30 - Billiards Workout Room</p>	<p>10:30-11:15 ai Chi (Shawn Fariss)</p> <p>11:15-12:00p – MVP Chair Moves (Nicola)</p> <p>8:30-2:30 - Billiards Sewing, Workout Room</p>	<p>10:15-11:00 Line Dancing (Theresa M)</p> <p>12:45-1:30 Functional Mvmt (Isadore)</p> <p>8:30-2:30 - Billiards Sewing, Workout Rm</p>	<p>9:00-2:30 Bingo</p> <p>10:15-11:00 Body Fitness (Theresa M)</p> <p>11:00-12:00 – MVP Chair Moves (Isadore)</p> <p>1:00 – Prize Winning Bingo</p> <p>8:30-2:30 - Billiards Workout Room</p>	<p>10:00-2:30 Mah Jongg</p> <p>12:00 MOVIE</p> <p>8:30-2:30 Billiards Workout Room</p>
MONDAY 9/27	TUESDAY 9/28	WEDNESDAY 9/29	THURSDAY 9/30	FRIDAY 10/1
<p>9:00-2:30 Bingo</p> <p>9:00-9:45 Qi Gong (Shawn Ferris)</p> <p>8:30-2:30 - Billiards Workout Room</p>	<p>10:30-11:15 Tai Chi (Shawn Fariss)</p> <p>11:15-12:00p – MVP Chair Moves (Nicola)</p> <p>8:30-2:30 - Billiards Sewing, Workout Room</p>	<p>10:15-11:00 Line Dancing (Theresa M)</p> <p>12:45-1:30 Functional Mvmt (Isadore)</p> <p>8:30-2:30 - Billiards Sewing, Workout Rm</p>	<p>9:00-2:30 Bingo</p> <p>10:15-11:00 Body Fitness (Theresa M)</p> <p>11:00-12:00 – MVP Chair Moves (Isadore)</p> <p>8:30-2:30 - Billiards Workout Room</p>	<p>10:00-2:30 Mah Jongg</p> <p>12:00 MOVIE</p> <p>8:30-2:30 - Billiards Workout Room</p>