

MONDAY 11/1	TUESDAY 11/2	WEDNESDAY 11/3	THURSDAY 11/4	FRIDAY 11/5
<p><b>9:00-12:00 Bingo</b>  <b>9:00-9:45 Qi Gong</b>                      (Shawn Ferris)  <b>10:30-11:15 Tai Chi</b>                      (Shawn Ferris)  <b>12:30-TRS MTG</b>  <b>8:30-2:30 - Billiards</b>                      Workout Room</p>		<p><b>10:15-11:00 Line Dancing</b> (Theresa M)  <b>12:45-1:30 Functional Mvmt</b>                      (Isadore)  <b>8:30-2:30 - Billiards</b>                      Sewing, Workout Room</p>	<p><b>9:00-2:30 Bingo</b>  <b>10:15-11:00 Body Fitness</b> (Theresa M)  <b>8:30-2:30 - Billiards</b>                      Workout Room</p>	<p><b>10:00-2:30 Mah Jongg</b>                      10:00-11:15 Village Singers (Malcolm)  <b>11-11:45 Funct Mvmt</b>                      (Isadore)  <b>12:00 MOVIE</b>  <b>8:30-2:30 Billiards</b></p>
MONDAY 11/8	TUESDAY 11/9	WEDNESDAY 11/10	THURSDAY 11/11	FRIDAY 11/12
<p><b>9:00-2:30 Bingo</b>  <b>9:00-9:45 Qi Gong</b>                      (Shawn Ferris)  <b>10:30-11:15 Tai Chi</b>                      (Shawn Ferris)  <b>8:30-2:30 - Billiards</b>                      Workout Room</p>	<p><b>11:15-Noon – MVP Chair Moves</b>                      (Nicola)  <b>8:30-2:30 - Billiards</b>                      Sewing, Workout Room</p>	<p><b>10:15-11:00 Line Dancing</b> (Theresa M)  <b>12:45-1:30 Functional Mvmt</b>                      (Isadore)  <b>8:30-2:30 - Billiards</b>                      Sewing, Workout Room</p>		<p><b>10:00-2:30 Mah Jongg</b>  <b>10:00-11:15 Village Singers</b> (Malcolm)  <b>11:00-11:45 Funct Mvmt</b>                      (Isadore)  <b>12:00 MOVIE</b>  <b>8:30-2:30 Billiards</b>                      Workout Room</p>
MONDAY 11/15	TUESDAY 11/16	WEDNESDAY 11/17	THURSDAY 11/18	FRIDAY 11/19
<p><b>9:00-2:30 Bingo</b>  <b>9:00-9:45 Qi Gong</b>                      (Shawn Ferris)  <b>10:30-11:15 Tai Chi</b>                      (Shawn Ferris)  <b>8:30-2:30 - Billiards</b>                      Workout Room</p>	<p><b>11:15-Noon – MVP Chair Moves</b>                      (Nicola)  <b>8:30-2:30 - Billiards</b>                      Sewing, Workout Room</p>	<p><b>10:15-11:00 Line Dancing</b> (Theresa M)  <b>12:45-1:30 Functional Mvmt</b>                      (Isadore)  <b>8:30-2:30 - Billiards</b>                      Sewing, Workout Room</p>	<p><b>9:00-2:30 Bingo</b>  <b>10:15-11:00 Body Fitness</b> (Theresa M)  <b>8:30-2:30 - Billiards</b>                      Workout Room</p>	<p><b>10:00-2:30 Mah Jongg</b>  <b>10:00-11:15 Village Singers</b> (Malcolm)  <b>11:00-11:45 Funct Mvmt</b>                      (Isadore)  <b>12:00 MOVIE</b>  <b>8:30-2:30 Billiards</b></p>
MONDAY 11/22	TUESDAY 11/23	WEDNESDAY 11/24	THURSDAY 11/25	FRIDAY 11/26
<p><b>9:00-2:30 Bingo</b>  <b>9:00-9:45 Qi Gong</b>                      (Shawn Ferris)  <b>10:30-11:15 Tai Chi</b>                      (Shawn Ferris)  <b>8:30-2:30 - Billiards</b>                      Workout Room</p>	<p><b>8:30-2:30 - Billiards</b>                      Sewing, Workout Room</p>	<p><b>NO CLASSES</b></p>	<p><b>HAPPY THANKSGIVING - CLOSED</b></p> 	
MONDAY 11/29	MONDAY 11/30	MONDAY 12/1	MONDAY 12/2	MONDAY 12/3
<p><b>9:00-2:30 Bingo</b>  <b>9:00-9:45 Qi Gong</b>                      (Shawn Ferris)  <b>10:30-11:15 Tai Chi</b>                      (Shawn Ferris)  <b>8:30-2:30 - Billiards</b>                      Workout Room</p>	<p><b>8:30-2:30 - Billiards</b>                      Sewing, Workout Room</p>	<p><b>10:15-11:00 NO LINE DANCING</b>  <b>12:45-1:30 Functional Mvmt</b>                      (Isadore)  <b>8:30-2:30 - Billiards</b>                      Sewing, Workout</p>	<p><b>9:00-2:30 Bingo</b>  <b>10:15-11:00 NO BODY FITNESS</b>  <b>8:30-2:30 - Billiards</b>                      Workout Room</p>	<p><b>10:00-2:30 Mah Jongg</b>  <b>10:00-11:15 Village Singers</b> (Malcolm)  <b>11:00-11:45 Funct Mvmt</b>                      (Isadore)  <b>12:00 MOVIE</b>  <b>8:30-2:30 Billiards</b>                      Workout Room</p>